



Unna Boot (Compression Bandage) Instructions:

- Elevate affected leg when seated and avoid prolonged standing.
- You may have some initial pain following placement of the compression bandage but the pain should subside.
- If pain increases or new pain is experienced that is not alleviated with elevation, or there is discoloration or numbness of the foot or toes, the bandage should be removed immediately.
- Keep dressing dry. A plastic bag can be placed over the leg when showering.
- Return to have the compression bandage changed once or twice per week.
- If there is excessive drainage or foul odor, return to have the dressing changed sooner; more frequent dressing changes up to three times a week may be needed until drainage is controlled