

## **Skin Tags**

A skin tag is a common soft harmless lesion that appears to hang off the skin. Skin tags develop in both men and women as they grow older. They are skin colored or darker and range in size from 1mm to 5cm. They are most often found in the skin folds (neck, armpits, groin). They tend to be more numerous in obese persons and in those with type 2 diabetes mellitus. Seborrheic keratoses, viral warts or molluscum contagiosum may resemble skin tags.

What causes skin tags?

It is not known what causes skin tags. However, genetics, obesity, and hormones may play a role in some.

Treatment

Skin tags can be removed for cosmetic reasons by cryotherapy (freezing), surgical excision (often with scissors), and/or electrosurgery.