



Prednisone Instructions (take all pills in morn w/ food):

Days 1, 2 and 3:

Days 4, 5 and 6:

Days 7, 8 and 9:

Days 10, 11, and 12:

Days 13, 14, and 15:

Although it is nice to wean off, if any problems, can stop cold-turkey if on prednisone for less than three weeks. Most common side effects: Jitteriness, difficulty sleeping, stomach upset, increased blood sugar, increased blood pressure, decreased immunity, and weakening of bones.