



## **Lumenis I IPL or Diolite 532**

### **PRE-TREATMENT INFORMATION**

1. Generally little or no pre-treatment is required with the IPL.
2. Patients with dark skin or who are tanned may not be candidates for this procedure. Treated areas may look lighter than surrounding areas for up to several months after treatment.
3. Your physician may recommend a treatment to prepare you for laser therapy. Sometimes a mild bleaching agent is prescribed to lighten the areas that will be treated.
4. Risks, although small, include but are not limited to scar, recurrence, and lighter or darker color.

### **POST-TREATMENT INSTRUCTIONS**

1. The area treated with the laser may be red afterward. This will gradually fade within 24-48 hours.
2. The treated area can be washed normally with mild soap and water. Wash the area gently with your fingertips. Use of a washcloth or other abrasive instrument is not recommended.
3. For the next 3-4 weeks, cover the treated area with a sunscreen containing an SPF of 15 or higher. Avoid sun exposure to the treated area.
4. Avoid irritants such as products containing glycolic acid or Retin-A for 5-7 days.
5. Minor crusting or scabbing of the treated area can occur. Do not rub or pick the scab. After washing with fingertips with a gentle soap, apply an antibacterial ointment to the treated area.