



LIQUID NITROGEN

1. Liquid nitrogen is frequently used to treat both benign and precancerous skin lesions such as warts and actinic keratoses. It is very cold (-196 degree C) and can cause some discomfort during treatment.
2. The areas treated often get red and swollen immediately after the treatment. This may last for several days to a week. The areas will then crust over. One to three weeks later the crust will fall off, and will be replaced with new skin.
3. Some people develop blisters or blood blisters from the treatment. This is common and is --not a cause for alarm. You may leave the blister intact. However if the blister is painful, you may pop it (with a clean needle) to relieve the pressure.
4. The treated area can be tender or painful for several days. Tylenol or Ibuprofen can help to relieve the discomfort.
5. No specific care is required. You may bathe, apply moisturizer, and even wear makeup after the treatment if you wish. If the area is tender or rubs on clothing/shoes, you may wear a bandaid.
6. If the treated area does blister, after it pops/sloughs and leaves a raw area of skin, we recommend applying plain petroleum jelly (Vaseline) to the area a few times per day.