



**Itch/rash can be from outside (things that touch skin), inside (kidney disease, liver disease, thyroid disease) or the skin itself. So:**

- 1) Change soap and add moisturizer (see above). Also, I am prescribing a topical ointment
- 2) We will check blood work and chest x-ray.
- 3) If not better at next visit, we will do skin biopsies.