



## **IPL POST-TREATMENT INSTRUCTIONS**

1. The area treated with the laser may be red afterward. This will gradually fade within 24-48 hours.
2. The treated area can be washed normally with mild soap and water. Wash the area gently with your fingertips. Use of a washcloth or other abrasive instrument is not recommended.
3. For the next 3-4 weeks, cover the treated area with a sunscreen containing an SPF of 15 or higher. Avoid sun exposure to the treated area.
4. Avoid irritants such as products containing glycolic acid or Retin-A for 5-7 days.
5. Minor crusting or scabbing of the treated area can occur. Do not rub or pick the scab. After washing with fingertips with a gentle soap, apply plain Vaseline petroleum jelly to the treated area.