



GROVER'S DISEASE

(transient acantholytic dermatosis)

This condition appears suddenly as itchy red spots on the trunk, most often in older men.

Most cases of Grover's disease last six months to two years. Unfortunately it may last much longer.

The cause of Grover's is unknown.

Minor outbreaks can be controlled with prescription strength topical cortisone creams. If the outbreak is severe phototherapy treatments is an alternative.

General treatments for itch can also be added, such as antihistamines.