



**Gabapentin Directions:**

This medication must be titrated up slowly by adding 1 pill every week. See dosing chart below.

Once you reach a dose that controls your skin symptoms, do not increase your dose any further.

If drowsiness is not tolerable at a certain dose, decrease your dose by 1 pill and continue at that dose. For any other side effects, call office.

	Morning	Afternoon	Evening
Week 1	X	X	1 pill
Week 2	1 pill	X	1 pill
Week 3	1 pill	1 pill	1 pill
Week 4	1 pill	1 pill	2 pills
Week 5	2 pills	1 pill	2 pills
Week 6	2 pills	2 pills	2 pills

Do not increase dose further unless instructed by doctor.

Side effects: The main worrisome side effect is drowsiness and possible confusion (and for the elderly, this can increase the risk of a fall). Do not drive or operate machinery while on this medicine. (For full list of possible side effects, see package insert.)