

## **CHONDRODERMATITIS**

Chondrodermatitis, which is sometimes called an “ear corn” is a nodule on the side of the ears. These nodules are frequently painful and vary in color from red to skin color. Occasionally they may crust or bleed.

### **Cause:**

Typically chondrodermatitis is found on the side of the ear you most frequently sleep on. This is because repeated chronic pressure comprises the underlying tissue causing inflammation of the cartilage. Chondrodermatitis is rarely seen under the age of thirty.

### **Prognosis:**

Chondrodermatitis is not dangerous to the average healthy person, but it can be painful. The pain may be intermittent or continuous, and can be very intense. On rare occasions they can become infected.

### **Diagnosis:**

A biopsy is usually performed to confirm an accurate diagnosis and to rule out any other conditions such as skin cancer.

### **Treatment:**

Several different treatment options exist. Steroid injections or a shave removal/biopsy are most common.